## JCCA Sports Chiropractic 5th Issue

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I am honored to report to you that the last four Sports Issues of JCCA were a great success and most popular. We were able to attain our goal to provide a venue to showcase our Chiropractic Sports research in various streams. The current 5<sup>th</sup> Sports Issue includes Sports research papers which are broad in nature and have crossed barriers such as, "A profile of the Youth Taekwondo Athlete", and "Addressing the risk factors and prevention of Sudden Cardiac Death in young athletes: a case report" to showcase the wide diversity of research done by chiropractors and for those involved with various sports to consider risk and understand the nature of their sports. This issue also includes specific hot topic such as, "A multidisciplinary approach including the use of platelet-rich plasma to treat an elite athlete with patellar tendinopathy – a case report", "The female athlete triad: a case series and narrative overview" and "The effects of kinesiotape on athletic-based performance outcomes in healthy, active individuals: a literature synthesis". Furthermore there are specific case reports with clinical application on gastrocnemius tear, osteomyelitis, and saphenous nerve entrapment.

As I mentioned in the past, one of the most important factors in facilitating the inclusion of the Sports Chiropractor in multidisciplinary health teams for major and minor Games is scientific evidence. As you can see we have been successful to encourage our young and veteran researchers not only to focus on Sports Chiropractic research but also to publish their research.

I hope this issue inspires you to get involved in Sports Chiropractic research. May this issue be encouraging, thought provoking and clinically applicable to your dayto-day practice.

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