

Sports Chiropractic in Canada



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Guest Editor

In Canada, Sports Chiropractic is regulated by the Royal College of Chiropractic Sports Sciences (Canada), RCCSS(C). Chartered as a Specialty College of the chiropractic profession in 1984, the RCCSS(C) is an educational and co-ordinating organization that acts as the Regulatory College for Chiropractic Sports Specialists.¹

RCCSS(C)¹ defines the Sports Chiropractor as, “Chiropractic Sports Specialists keep active Canadians at their best by treating neuromusculoskeletal dysfunction. Using

chiropractic adjustments, soft tissue therapies, modalities and rehabilitative measures, sports chiropractors aim to restore and enhance the body’s neuromusculoskeletal system for peak performance. Chiropractic Sports Specialists are experts in the diagnosis and treatment of sport related injuries. They are proficient in injury prevention and rehabilitation measures, and have sound knowledge base of return-to-play criteria.”

One of the most important factors in facilitating the inclusion of Sports Chiropractor in multidisciplinary health teams for major and minor Games is scientific evidence. Four years ago looking at the literature, I found a paucity of research in Sports Chiropractic effectiveness and treatment. Hence I decided to bridge this gap with providing our sports Chiropractors a venue to publish their manuscripts in Chiropractic Sports Sciences via JCCA Sports Issue. I am glad and honored to report to you that the last three annual Sports Issues were very successful, popular and received the praise of many readers. As such I am excited to provide you with the fourth JCCA Sports Issue. This issue concentrates on sports related case reports, review of literature and original research.

I hope that you find this Issue interesting, thought provoking, useful in your day-to-day practice and finally encouraging. My ultimate goal is to inspire you to get involved in research in Sports Chiropractic.

References

1. RCCSS(C) (2012). <http://www.rccssc.ca/index.phpresearch>

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