

JCCA Special Issue December 2015 –Sports Chiropractic

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His Excellency the Right Honourable David Johnston, Governor General of Canada declared 2015 as the “Year of Sport” in Canada. The Year of Sport promotes Canada’s position as a leading sport nation.

“The Year of Sport in Canada is a proactive pan-Canadian initiative to celebrate the role that sport plays in our country and encourage Canadians to participate in and seek the benefits of sport. During the year, sport events and other celebratory activities will highlight how sport benefits Canadians.”

More than 60 international sporting events were hosted in Canada including:

- 2015 World Junior Hockey Championships
- Canada Winter Games
- Ford Men’s World Curling Championships
- FIFA Women’s World Cup
- Toronto 2015 Pan and Parapan American Games

The field of chiropractic sports sciences has undergone tremendous growth both in Canada and internationally and the Royal College of Chiropractic Sports Sciences (Canada) (RCCSS(C)) and its Fellows have been a major source of this growth. The ability of the RCCSS(C) to foster an academic environment where Fellows and residents are encouraged to conduct research and publish their findings has helped lead to increased acceptance of chiropractic at all levels of sport including major sporting events and Games along with greater understanding of sports injuries, their diagnosis, and management. Similarly the international sports chiropractic community has seen unprecedented growth in terms of both scholarship and participation at major international sports events. To help continue this growth, the Journal of the Canadian Chiropractic Association (JCCA) is publishing its 7th annual Sports Chiropractic Issue in December 2015.

As I mentioned in my previous editorials, there has been a paucity of research in Sports Chiropractic, which drove us to start the JCCA Sports Issue 7 years ago to provide a global stage for Sports Chiropractic research publications. Many Sports Chiropractors and researchers in this field agree with me that it is time for us to step up in our research activities and take the lead in this area. To do so we need to identify the priorities for our future research and establish a Sports Chiropractic research agenda. Furthermore, a research agenda will assist us in

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channelling our limited funds appropriately and guide our young and upcoming researchers and residents in their research endeavours. This can be done using a method similar to that employed by our European colleagues, Rubinstein et al.¹ I need your assistance in establishing this agenda and will call upon our readers in the near future to commence this essential and timely process. I believe that it also time for us to have a sports chiropractic research chairperson to drive our agenda forward. I would also like to ask you to assist our researchers in their quest in any

way possible, by responding and filling out their research surveys, by providing access to your athletes and laboratories, and by getting involved.

Together we can move mountains.

Enjoy the 7th Sports Edition.

References

1. Rubinstein SM, Bolton J, Webb AL, Hartvigsen J. The first research agenda for the chiropractic profession in Europe. *Chiropractic Man Ther.* 2014, 22:9.