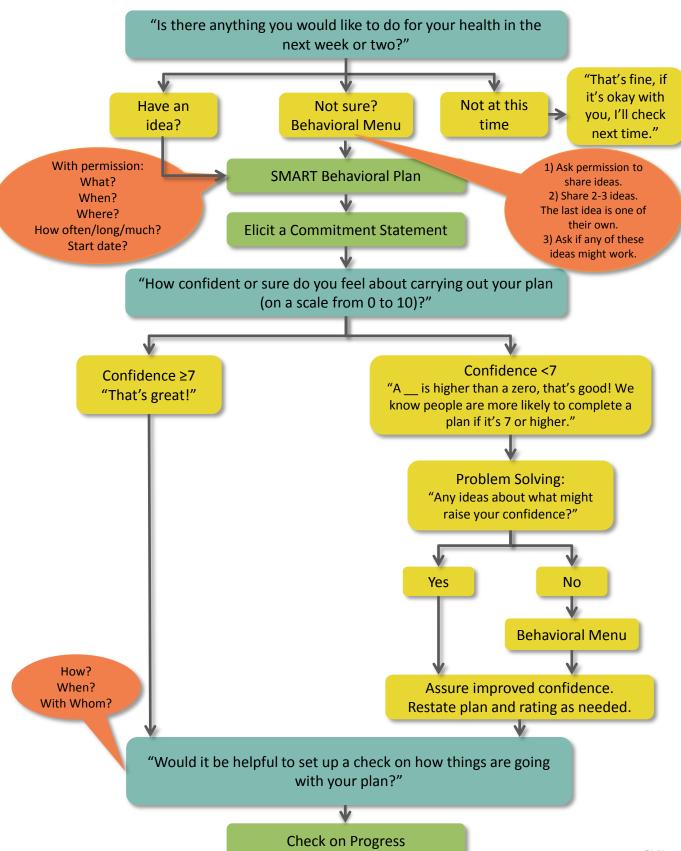
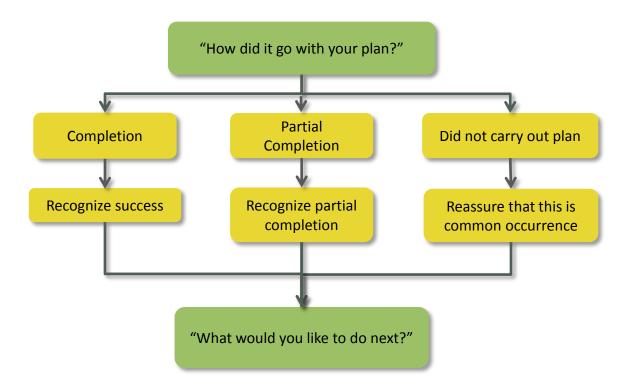
## **Brief Action Planning Flow Chart**

Developed by Steven Cole, Damara Gutnick, Connie Davis, Kathy Reims



## Checking on the Brief Action Plan



## The Spirit of Motivational Interviewing

is the foundation of Brief Action Planning

**Compassion:** Caring what is important to another person and feeling moved to help. **Acceptance:** Respecting another person and their right to change or not to change. **Partnership:** Working together with another person and recognizing them as equal. **Evocation:** Bringing out another's ideas, strengths and knowledge about the situation and themselves. This can include encouraging to explore.

Adapted from Miller W, Rollnick S. Motivational Interviewing: Preparing People for Change, 3ed. 2012.

Note: This flow chart provides prompts for those familiar with BAP and is intended to be used with the BAP Guide which contains critical information not detailed on the flow chart.

