

The Journal of the Canadian Chiropractic Association's 60th Anniversary Issue: Time to consider the future

Kent Stuber, BSc, DC, MSc¹
Editor-in-Chief

It is a pleasure and an honour to be the Editor of the Journal of the Canadian Chiropractic Association (JCCA) at the time of its 60th anniversary. In the time of the JCCA's existence, many other journals have come and gone both within and outside of the profession. As such, I feel that sixty years is as momentous for a journal as it would be for a wedding anniversary. In preparing this edition, I was able (thanks to the CMCC's library staff) to look at the first edition of the *Canadian Chiropractic Journal*, the predecessor to the JCCA. By today's standards, it would really be considered more of a newsletter. Still, in 1957 it was an important way to get out information on a variety of topics concerning CMCC, the CCA, and other news in the profession. I'm sure that many of the chiropractors at the time read it cover to cover as soon as it showed up in the mail. Isn't it amazing how differently we consume information now? Of interest to me was finding that slightly less than one page of the first edition was devoted to research. This came as a surprise, but it demonstrated how far the Journal has come, and in particular how far the profession has come in embracing and developing research. The growth of a health profession and its credibility is measured by both the quantity and quality of its scholarly literature. There are many who should be recognized for such progress, including all of the past and present Editors, editorial board members, peer reviewers, and contributing researchers. The Journal has enjoyed such longevity and growth thanks to them and the support of our profession in Canada, particularly the leadership and Board of the Canadian Chiropractic Association (CCA), along with our readers.

More than enough time could be spent looking at the

accomplishments of the Journal and my predecessors on its behalf, but I feel that it's the future of the profession that is more interesting. As it is I think our profession spends entirely too much time adhering itself to the past and things that happened over a hundred years ago, let alone sixty. We need to continue to move forward. To do so I invited some leading researchers in the profession to provide me with commentaries on elements of the profession and its future. Happily, some of our best picked up on those invitations.

Dr. Andre Bussieres, one of our Associate Editors, and Project Lead for the Canadian Chiropractic Guideline Initiative (CCGI) provides an update on the CCGI's activities and some future directions. Dr. Simon French and several of Canadian Chiropractic Research Foundation's (CCRF's) Research Chairs discuss a recently completed Delphi study to help identify the research agenda for the profession in Canada. This work will help our current and future researchers tremendously in identifying impactful areas to study. Drs. Geoff Outerbridge, Stefan Eberspaecher, and Scott Haldeman from World Spine Care (WSC) contributed an informative piece on the work they are doing internationally. It demonstrates how chiropractors can take a leading role in providing evidence-informed care to those who have previously not had ease-of-access to quality spine care, while still collecting important data for research. This is integrative practice-based research at the highest level. This work most importantly helps ease the burden of disability to those with spinal conditions in the communities that they are serving, but it also allows us to imagine a time when chiropractors can be spinal health care team leaders all around the world. Dr. Paul Bruno

¹ Division of Graduate Education and Research, Canadian Memorial Chiropractic College

discusses the current and future work in his laboratory looking at motor control impairments in low back pain patients and some of the tests commonly used to assess them. Finally, Dr. Michele Maiers, the Vice-President of Research and Innovation at Northwestern University of Health Sciences, looks at the Millennial Generation and the future of our profession as they increasingly emerge in practice, research, and in leading the profession. I have

no doubt that some of the Baby Boomers and Gen X-ers out there will have their opinions, but it is important to recognize the strengths of each generation and embrace them as they lead the profession forward.

I am very pleased to present this 60th Anniversary Issue of the JCCA. 60 years is certainly an accomplishment, but there is much more work to be done.